

M&M Session 6.2 - An Intimate Moment

Metaphysics & Mystery Online Course

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Charles Eisenstein: I wish I could somehow convey how total the prison is of the story of separation, the cut off from the universe. When there's a crack in the prison walls we get a glimpse of what life can be. Here in our little work team one of us got some sad news or some scary news, his father diagnosed with cancer and we all just went into a deep intimate space where the customary masks that are just so habitual that we're almost not even aware of them except in a special moment. The customary masks, they begin to dissolve and we're able to see our teammate and all of us, all of each other and we went into this other space of truth, of the real person underneath and from that place love just blossoms and we see the truth of each other, the divinity, the preciousness of each other and it's almost hard to take because its like how conditioned we are to a lesser degree of intimacy and authenticity and real... and like the realness of each other its just a break in that, it's like living in a dark cell and a crack opens up in the wall and the sun shines through and it's almost like you have to avert your eyes. Imagine what it would be like to live outside that cell, to live in this degree of connection all the time. That's what the promise is and I'm not saying that all of a sudden just because of one experience of intimate connection that you're liberated from the self, but I just want us to remember what it was like to see the light so that we don't forget that there's a bigger brighter world out there that the cell isn't reality and who I am as the prisoner isn't who I really am. That's the urgency behind this course. We have created, we collectively, humanity have created a prison world. Really I won't say hell world, I mean there is so much joy and beauty even in the current circumstance, but compared to what's possible it's a very pale shadow of where humanity is going and sometimes we catch a glimpse of the destination, those are precious moments and I want to encourage and I'm actually just talking to myself right now, but also everybody here, I want to encourage us to embrace those moments as real. Earlier I spoke about the safety that is available by not making it real because if you don't love then you don't lose, you can't hurt. Stay back from life and you don't suffer the losses of life, but to love is to lose, but better that than to never be fully alive. Really what this course is about is it seems really cerebral, but we are undoing the foundation pieces of death life and a death world. The rational materialist atheist world view I grew up in was basically a story that the world is dead so of course living in that story we created a dead world. The story we hold about anything is an invitation to that thing, to become that story and for us to play the role in that happening. Maybe you haven't had synchronicity experiences or precognitive dreams or anything like that, but for sure you've had experiences of profound intimacy where you look at somebody and all the sudden you get that this is an entire other universe peaking out at you, an entire self, an entire being. Having just as much an experience as you're having, just as alive as you are and then you don't take them for granted then, it's impossible. It's a kind of wealth that is irreplaceable. Imagine how wealthy we would be if we were in touch with that more and more and more. Not just with people, but with all of our surroundings, all of the beings around us and the world of self, how precious this world is, every breathe of air, every gust of wind, the sight of the sky. People who are in actual prisons and they get transferred and their all indoors all the time, they never see the sky and they get transferred to a cell that has a tiny slit of a window 15 feet up above the floor and they can see a little patch of sky there. That is ambrosia to them and that's not to say be grateful for what you have and stop taking it for granted. I don't need to say that, all you need to do is to invoke what you've already experienced and to describe what's happening which is that we're all walking now more and more in that reality. This whole course is describing something that's happening. I'm not trying to convince you. I can't even

make an assignment out of this and say “ok, after you are done listening go to somebody in your life who maybe you kind of take for granted, they’re always there and see how precious they are.” I don’t have to give that assignment because it’s going to happen automatically.