

The Gift of Loss

Transcription of Charles Eisenstein's Talk

<https://charleseisenstein.org/video/the-gift-of-loss/>

The gifts the initiations of the universe or whoever is in charge of it give, often take the form of something that looks really bad going into it. Like divorce, illness, accident, car accident, cancer, bankruptcy, losing your job, it comes in the form of a collapse. A collapse that isn't just a collapse in outward circumstances, but also could be a collapse of your own identity, because the outward circumstances are part of how we answer the question "Who am I?".

So the marriage falls apart or the carrier falls apart and all of a sudden I don't even know who I am anymore. That emptiness is where something new can come in. And yeah, there is kind of a loss there. Sometimes looking back on it though I think yeah, I was ready for that loss. It's what I needed. But that can't be an escape mechanism from feeling the full brunt of the calamity as it happens. If you try to say, "It's all meant to be, all is well, there is an intelligence and all things and this is happening for my benefit" at some point it may very well intensify to the point where that just sounds like a pile of crap and a bunch of spiritual bypass garbage. Because those metaphysical believes can also be a way of keeping the transformation at arms length, staying within a comfortable worldview, a comfortable spiritual paradigm.